



# Greenlock Therapeutic Riding Center *e-Newsletter*

August 2008

\* Smooth Sailing At May Fundraiser \* 20th Anniversary Celebration \*

\* Make A Difference - Be A Volunteer \* Up Coming Events \*

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## Save The Date: Newport International Polo Series

**Saturday, August 9**

Come out and enjoy "The Sport of Kings" with Greenlock Therapeutic Riding Center on Saturday, August 9, for the *Newport International Polo Series* at Glen Farm in Portsmouth, RI. Tickets can be purchased through Greenlock for \$10.00 per person; children under 12 admitted free.

100% of the advanced

Dear Friends of Greenlock,

We are excited to be sending you the first edition of Greenlock's new electronic newsletter.

This e-newsletter will help keep you informed about what is happening at Greenlock this month and in the months to come.

Enjoy the first edition of the e-newsletter and remember to forward it to your friends by clicking the **Forward Email** link at the bottom of the page.

Sincerely,

*Sheila Greenbaum & Edith Wislocki*

Your Greenlock Directors

ticket sales (tickets purchased before August 9) go directly to Greenlock Therapeutic Riding Center to help support our facility, horses and riders - so buy your tickets now! Bring your chairs, food, family and camera for Greenlock's biggest tailgating party of the year! Don't forget to bring along your friends and co-workers too! This is a great outing opportunity for companies both big and small!

Visit

<http://www.glenfarm.com/> for all the exciting polo details! To buy your tickets through Greenlock, call (508) 252-5814.

## What's Coming Up At Greenlock:

*The Family Fall Festival:* Sunday, October 12 from 10:00am - 4:00pm at Greenlock. Bring the whole family to enjoy a day of horse and dog demonstrations, a silent auction, kids activities, food, a Greenlock Horse Show and a raffle!

Stay on the lookout for exciting news about next year's *20th Anniversary Celebration!* If you are interested in getting involved please contact us at 508-252-5814 or email [greenlocktrc@gmail.com](mailto:greenlocktrc@gmail.com).

## Get Out & Make A Difference!

## It Was Smooth Sailing At Greenlock's Sail Into Summer Fundraising Event

Nearly 150 people attended Greenlock Therapeutic Riding Center's **Sail Into Summer** fundraising event, held on Friday, May 30 at Patrick's Pier One in Providence, RI. The downtown water-front location hosted a very special evening which brought together friends of Greenlock, both new and old, in an effort to raise awareness and funds for this very special organization.



Over delicious food and drinks patrons mixed and mingled; sharing their personal stories and accounts of their involvement at Greenlock, as well as the impact it has had on their lives and the lives of their loved ones. Those who are new to Greenlock listened and learned the stories of hope and love that have come from the selfless work of this organization.

A touching speech was made by **Alison Kiely**, whose son Patrick has been riding at Greenlock for four years. Her heart-felt words and sincere gratefulness for the therapists and volunteers at Greenlock were more than evident in her speech. Also speaking was writer and Greenlock volunteer **Rob Mariani**, who read an excerpt from one of his books, *30 Minutes: How A Half An Hour Once A Week Makes A Difference In The Lives of Families And Disabled Kids*, which gave insight to his experiences at Greenlock as a volunteer. **Jacob Berman**, a Greenlock rider, also gave a great speech about Greenlock, the horses, his riding and what it all means to him. His infectious smile and zest for life touched all, and gave a lasting impression as to the work Greenlock does and the family of therapists, riders, parents, volunteers, and of course, horses that has been created by this organization.

One of the highlights of the evening was the silent auction, which featured items ranging from Red Sox memorabilia to one-of-a-kind equestrian themed clothing to pottery and beautiful jewelry. The auction, as well as the entire evening, was a huge success.

Ticket sales combined with auction proceeds raised more money than was expected - **over \$20,000** - which goes to show just how much Greenlock means to so many people. Greenlock is looking forward to its **20th Anniversary Celebration** which is tentatively scheduled for October 2009. We hope that everybody who has been involved with Greenlock Therapeutic Riding Center over the last 20 years, as well as newcomers who are supportive of its

## ***Be A Volunteer***

Each week over forty volunteers coming from various parts of Massachusetts and Rhode Island assist on a regular basis in the daily sessions at Greenlock. Volunteers come in all shapes and sizes, ranging from local students at nearby public schools to college students and adults. Local colleges and universities such as Johnson and Wales University, Roger Williams, Wheaton, University of Rhode Island, Rhode Island School of Design, and Brown University have all had student representatives who have made time in their busy schedules to volunteer at Greenlock.

We have also been the recipient of an incredible group effort by the Rehoboth Community Covenant Church. For many years, small groups from the Church have helped with various projects around the farm. Last fall more than 160 adults and 75 children from the Church spent the day doing several projects that were necessary to improve the facility. Our "extreme makeover" included installing new fencing, painting our huge arena, barn and sheds, re-roofing the sheds, and rebuilding stone walls. A brightly colored mural (that had been designed by a female inmate at the Rhode Island Adult Correctional Institute as part of another church project) was painted to be enjoyed by all. It was truly amazing to see all that was accomplished in just four hours.

"The Cosmic Cavemen"  
(formed over twenty years

work, will help celebrate this special milestone.

We would like to recognize and thank **Rosemary** and **Medhi Khosrovani** for being such wonderful Chairs of the event. Your enthusiasm and dedication to Greenlock is exemplary, and you helped to make the night wonderful for all!

Thank you to **Denise Winston** for making the delicious Greenlock chocolate bars and to **Michelle Pinault** whose company **Cute Candies** (which specializes in novelty items) helped put them together. They provided a "sweet" reminder to join us in celebrating Greenlock's 20th Anniversary next year!

Thank you to **Tammy Mederios** and **Liz DuPont** for diligently working on the silent auction as well as **Les Dunbar** and **Marsha Pitrone** at the **Your Sports Memorabilia Store** in Newport, RI, for helping us process the silent auction items.

We would also like to take the time to thank everybody who helped make the **Sail Into Summer** fundraising event possible and to everybody who has signed up to help with our 20th Anniversary Celebration. Without the help of our dedicated volunteers, none of this would be possible.

There is still time to sign up for planning committees for the 20th Anniversary Celebration. **Call Greenlock at 508-252-5814 or email [greenlocktrc@gmail.com](mailto:greenlocktrc@gmail.com) for more information on how you can get involved!**

Sincerely,  
**Sheila Greenbaum & Edith Wislocki**  
Greenlock Therapeutic Riding Center Directors

**Kathy Lerner and Debby Nelson**  
20th Anniversary Celebration Chairs

## **Greenlock: A Priceless Experience**

As we all know, it's impossible to put a specific dollar value on the many benefits Greenlock clients derive from our program. Nevertheless, as a 501(c)3 not-for-profit organization, we are constantly faced with the very real costs of maintaining our facilities and staff in order to provide the level of care and service for which Greenlock is well known.

We now serve over 200 clients and employ 13 part-time and full-time therapists and staff. Our total payroll for the past year was \$155,000. Factor in our other on-going expenses for vet bills, shoeing, equipment, utilities, feed and lesson cancellations-the cost for a half-hour therapy session averages \$55.00. For the first time since 1989,

ago) is another local community-minded group of friends who do good deeds for non-profits in the area. They have done roofing and fencing for Greenlock.

Without the generous gifts of the many hours of time donated to Greenlock, we would not be the successful center that we are today. We would like to express our deepest gratitude to all of the individuals and groups who have touched so many lives in so many ways.

*Thank You, Volunteers!*

**To Learn more about our organization please visit [www.greenlock.org](http://www.greenlock.org)**

**email us at**

**[greenlocktrc@gmail.com](mailto:greenlocktrc@gmail.com)**

**or call us at**

**(508) 252-5814**

we have been forced to raise the cost from \$15.00 per therapeutic riding session to \$20; and the cost of a hippotherapy session from \$25 to \$30. As you can see, this is still only half of our actually cost!

We are additionally faced with the constantly rising cost of doing business. Simply increasing the number of clients we serve is obviously not the answer. Greenlock's many fundraising events help us "close the gap" and balance our operating budget. Without the generous patron support we receive through these events and from our annual fund drive, there simply would be no Greenlock.

## **Who We Are**

Greenlock Therapeutic Riding Center, Inc., is 501 (c) 3 not-for-profit organization that utilizes equine-related activities for the therapy of individuals with physical, developmental, and emotional differences. Uniquely, the horses are our treatment partners. We offer both Hippotherapy and Therapeutic Riding that teaches specific riding skills. Hippotherapy is a practice in which physical, speech, and occupational therapists employ the horse's movement as a treatment tool to improve neuromuscular function, language and fine motor skills. Hippotherapy relies on the sensory input provided by the horse's rhythmic and repetitive gaits to prompt a neuromuscular response in the rider - a response that mimics the movement a child's body would ordinarily make while walking. We offer hippotherapy and therapeutic riding to physically, mentally, and emotionally-challenged persons from throughout RI and Southeastern MA.