

Liz Baker, PT, HPCS

Liz is a PT whose involvement in hippotherapy began in 1986. In 1987 she studied hippotherapy at the Rommel Klinik in Wildbad, Germany, and is a founding member and past president of the AHA. Liz has taught at many American and international conferences over the past fifteen years; she has been extensively involved with NARHA as a board member, executive vice president, and Health and Education committee chair from 1987--2000. In 2000, Liz was the recipient of NARHA's most prestigious award, The James Brady Professional Achievement Award. Liz has been with Greenlock since its inception in 1989; she also continues to practice at Wrentham Developmental Center. She lives in Wrentham, MA, with her husband Stan, her dog Sophie and cat Lucy, and is still looking for a hobby.



Mary Helene Chaplin, PT, HPCS

Mary Helene, a physical therapist for over 20 years, has been practicing hippotherapy at Greenlock Therapeutic Riding Center, in Rehoboth, MA, since 1997. She also works as a school-based physical therapist and a consultant to a social service agency caring for developmentally disabled children and adults. Mary Helene has been a member of AHA since 1998 and is currently the RI state AHA liaison. She has been actively riding horses for over 10 years and assisted her daughters into becoming accomplished equestrians as well. Mary Helene lives in Portsmouth, RI with her husband, and 3 children as well as the family's dogs, cat and favorite mare, Quincy.

Registration Form

Name: _____
Address: _____
City/ State/ Zip: _____

Phone: _____
Email: _____

For Treatment Principles:

Profession & License # _____
Date of Level I course: _____
Number of hours of hippotherapy practice since attending Level I course: _____

For Equine Skills:

NARHA Instructor _____ Horse handler _____
Therapist _____ Other _____

Course Manuals, lunch and snacks are provided

Fees:

Equine Skills Course Only:

- \$325.00

Treatment Principles Course:

- \$375.00

Both Courses:

- \$700.00

Greenlock Therapeutic Riding Center AHA Inc. Approved Level II Equine Skills and Treatment Principles Course

Equine Skills (November 10-11, 2011)
Treatment Principles (November 12-13, 2011)
These courses are mandatory to become eligible for NARHA Registered Therapist Status



Greenlock Therapeutic Riding Center
55 Summer Street
Rehoboth, Ma 02769
www.greenlock.org

Equine Skills Course Objectives

- Recognize the importance of common horsemanship knowledge base for the therapist, horse professional and all members of the hippotherapy team
- Identify preferred conformation and understand the relationship between conformation, movement quality and soundness for the hippotherapy horse.
- Demonstrate the ability to assess a horse for soundness, regularity and evenness of gait, straightness and flexibility.
- Demonstrate the ability to assess horse behaviors including those resulting from stress and/or discomfort.
- Identify and convey to the horse handler the necessary skills required to produce quality movement when leading, lungeing or long lining the hippotherapy horse.
- Understand training techniques for a hippotherapy horse including groundwork, desensitization and conditioning
- Understand the principles of good nutrition, veterinary, and worming protocols for horses in a hippotherapy program.
- Understand the importance of and be able to identify handling and riding skills that are necessary to maintain and/or improve the hippotherapy horse.
- Understand the need to educate and train staff and/or volunteers who will be working with the hippotherapy horse, either in hippotherapy sessions or involved with the daily care and training routines, the handling techniques and training protocols to maintain a safe, effective and successful hippotherapy program.
- Identify lameness and illness in the hippotherapy horse and explain appropriate prevention through veterinary, farrier and nutritional and training protocols.

Equine Skills Course Description

This 2 day hands-on workshop targets therapists, horse handlers, volunteers or anyone interested in the training and handling methods for a Hippotherapy horse. Participants must have taken the prerequisite course, Equine Skills- Level I, before taking this course. It will give therapists and the Hippotherapy Team the training principles needed and how they are applied in a hippotherapy session to improve your horse and efficacy of hippotherapy as a treatment strategy. The curriculum may be used only under conditions set forth by the AHA, Inc.

Treatment Principles Course Description

The 2 ½ day course is designed to provide and facilitate a problem solving, treatment approach, using actual patients currently involved in Hippotherapy as part of their physical, occupational or speech therapy treatment. Practical applications to NDT, SI and Motor Learning Theory and Clinical Reasoning will be applied to the hippotherapy treatment strategy as well as an introduction to the Hippotherapy Conceptual Framework Theory. Therapists will be treating actual patients within a Hippotherapy Team, including videotaping and group discussions to further advance the learning experience. This course may be attended by licensed, Speech, Physical and Occupational Therapists and assistants (PTA, COTA). The curriculum may be used only under conditions set by AHA, Inc.

Prerequisites

- Licensed PT, OT, SLP, PTA or COTA
- Evidence of attendance at an AHA, Inc. Level I Treatment Principles Course and both AHA Inc. Level I Equine Skills (or AHA approved Level I Equine Skills waiver)
- NOTE: LEVEL II EQUINE SKILLS IS AN AHA MANDATORY PREREQUISITE FOR TAKING LEVEL II TREATMENT PRINCIPLES COURSE. LEVEL II EQUINE SKILLS CANNOT BE WAIVERED.
- Currently practicing Hippotherapy
- The AHA Education Committee recommendation is to have 30 treatment hours of experience of 1:1 patient treatments incorporating hippotherapy as a treatment strategy before taking Level II treatment principles. All time recommendations have been removed.

Treatment Principles Course Objectives

- Develop a hippotherapy treatment plan based on a disablement model.
- Select objective outcome measures for pre and post testing.
- Select appropriate horse and equipment for a specific patient.
- Practice modifications of equine movement as a primary method of enhancing patient treatment outcome.
- Understand the relationship between treatment and functional outcomes.
- Identify appropriate functional outcome measures for hippotherapy patients.
- Review best practice guidelines for documentation, HIPAA compliance, and written and verbal communication among Hippotherapy Team members, other medical professionals and third party payers.
- Engage in group problem-solving using video review and discussion as a model for collaborative treatment practices.
 - Be introduced to the following concepts as a foundation for advanced clinical problem solving:
 - a. Clinical Reasoning
 - b. Hippotherapy Conceptual Framework
- Recognizing and discuss indications for alternative positions and equipment,
- Recognize the importance of setting discharge criteria and establishing discharge planning, including potential for transitioning to community based programs